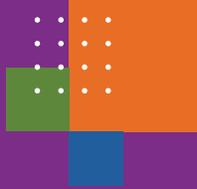


# COVID-19 Vaccine and Pregnancy



**COVID-19 vaccines are a safe way to protect you and your baby.**

**Pregnant people who get COVID-19 are at higher risk for severe illness than people who are not pregnant.**

Complications due to COVID-19 during pregnancy can lead to:

- hospitalization
- breathing issues which may require a ventilator
- high blood pressure
- bleeding disorders
- preterm delivery
- stillbirth
- death

**Protect yourself and your developing fetus against COVID-19 by getting vaccinated and boosted**

The best way to protect against COVID-19 is by staying current on COVID-19 vaccines and boosters when eligible. COVID-19 vaccines can lower your chances of getting very sick or needing to be hospitalized from COVID-19. That's why it's recommended by every major maternal health organization.

[Vaccines are safe in all three trimesters](#), and they are FREE.

Talk to your health care provider to discuss which of the available [COVID-19 vaccines and boosters are best for you](#).

**Additional information about the COVID-19 vaccine and pregnancy**

- Vaccines give you antibodies, which teach your body how to fight against COVID-19.
- Vaccinated pregnant people pass antibodies to their developing fetus in the womb, so the baby is born with some protection from day one.
- Millions of pregnant people have been safely vaccinated against COVID-19.
- Side effects are normal. You may experience body aches, chills, and tiredness. Contact a health care provider if you have any questions or concerning side effects or if you have a fever.
- Visit [MyTurn.ca.gov](https://myturn.ca.gov) to schedule your vaccine appointment or call a health care provider



**Visit this document on the CDPH website**

